

## HSE LEVEL 1,2&3 PROFESSIONAL E-LEARNING COURSE

**E-learning Course Duration: 16 Hours**

Website: [www.crescendogateway.com.ng](http://www.crescendogateway.com.ng)

S/N	The entire E-learning course has 3 levels as below	Details
1.	<b>Lectures</b> <b>HSE Level 1</b> <ul style="list-style-type: none"><li>▶ Knowledge in the meaning of HSE</li><li>▶ Reasons for managing health and safety</li><li>▶ Ergonomics and design</li><li>▶ Musculoskeletal Disorder, causes and control</li><li>▶ Define Stress as a health problem</li><li>▶ Recognize Noise at work place</li><li>▶ Ways in which hazardous substances enter the body</li><li>▶ Manual handling and mechanical aids and be able to Know Good handling techniques for lifting</li><li>▶ Know how to Preventing ill-health</li><li>▶ Recognize Common health problems caused by work</li><li>▶ Understand the need to investigate Accidents</li><li>▶ Know what to investigate</li><li>▶ Determine the causes of accidents</li><li>▶ Identify the methods of investigation</li><li>▶ Understand the need to be thorough and comprehensive</li><li>▶ Identify prevention methods</li><li>▶ Identify sources of assistance</li></ul>	<b>No. of slides</b>
	<b>Total no. of slides</b>	<b>129</b>
2.	<b>Hand-outs (each session detail document is given in PDF and Participant can download, print and save it for future reference)</b>	<b>129 Pages in PDF</b>
3.	<b>Session Exams at end of each level and Final Exam</b>	<b>1 EXAM</b>
4.	<b>Fire safety ,first Aid &amp; CPR (Practical Videos)</b>	<b>2 VIDEOS</b>
5.	<b>HSE Level 1,2,&amp;3 Professional Course Certificate</b>	<b>AWARD CERTIFICATE</b>

For more information about HSE Level 1,2&3 [Click Here](#)

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1.	<b>Lectures</b> <b>HSE Level 2</b> <ul style="list-style-type: none"><li>▶ Environment and Waste Management</li><li>▶ Waste classification</li><li>▶ Waste disposal</li><li>▶ Hazards of poor waste management</li><li>▶ Describe the environment and its component.</li><li>▶ Define sustainable development</li><li>▶ Fire Fighting and Prevention Safety</li><li>▶ Theory of combustion</li><li>▶ Electrical fire</li><li>▶ Fire safety at home</li><li>▶ First Aid Course</li><li>▶ Aims and objectives of first aid</li><li>▶ Scope of first aid</li><li>▶ General rules guiding first aiders</li><li>▶ The responsibilities of the first aider</li><li>▶ Four B's of first aid</li><li>▶ First aid box contents</li><li>▶ Principles and practices of emergency management</li><li>▶ ABC of first aid</li></ul>	<b>No. of slides</b>
	<b>Total no. of slides</b>	<b>56</b>
2.	<b>Hand-outs (each session detail document is given in PDF and Participant can download, print and save it for future reference)</b>	<b>56 Pages in PDF</b>
3.	<b>Session Exams at end of each level and Final Exam</b>	<b>1 EXAM</b>
4.	<b>Fire safety ,first Aid &amp;CPR (Practical Videos)</b>	<b>2 VIDEOS</b>
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1.	<b>Lectures</b> <b>HSE Level 3</b> <ul style="list-style-type: none"><li>▶ Confined Space Entry</li><li>▶ Lock Out/Tag Out (LOTO)</li><li>▶ Work Permit</li><li>▶ Working at Height</li><li>▶ Energy Isolation</li></ul>	<b>No. of slides</b>
	<b>Total no. of slides</b>	<b>85</b>
2.	<b>Hand-outs (each session detail document is given in PDF and Participant can download, print and save it for future reference)</b>	<b>85 Pages in PDF</b>
3.	<b>Session Exams at end of each level and Final Exam</b>	<b>1 EXAM</b>
4.	<b>Fire safety ,first Aid &amp;CPR (Practical Videos)</b>	<b>2 VIDEOS</b>
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